

compunction. Rather it is about taking the step back to look honestly into our heart and soul and to courageously identify that which blocks our capacity to draw closer to God; it is to be prepared to feel the prick that will come with self knowledge; and it is to come to ourselves in the reality of who we are.

Retreat begins the 1st Sunday of Lent March 6, 2022

All videos and texts will be available on our website for as long as It is a sober cheer that the time you need access. will come to all of us, when we shall play parts no more, neither with others, nor with ourselves, nor yet with God. Fr Frederick Faber

DETAILS

There are 5 conferences - one for each week of Lent. There are also questions for reflection. Take your time as there is no need to complete the conference within the week.

COST

The cost of the retreat is \$250. Pensioners can apply for a reduced price- see website for details.

CONTACT

Register online at: jamberooabbey.org.au/retreats/online-retreats You will also find many other online retreats on our website.